



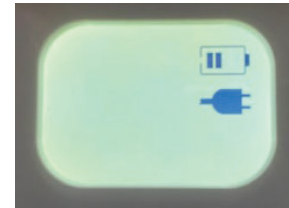
Hygeia™ Express Quick Start Guide



1. Inspect all parts. Report any damage to Hygeia at: 714-515-7571 (Option #2) or visit: www.hygeiahealth.com

2. Charge battery

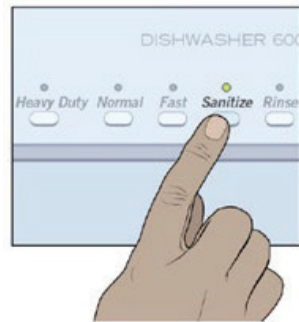
Charge is complete when battery icon stops blinking.



3. Clean and sanitize

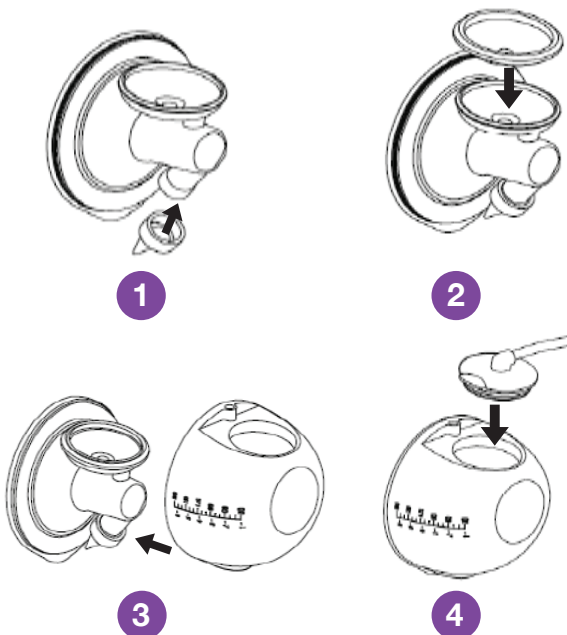
all parts that touch breast and breast milk.
(10 minutes in boiling water or dishwasher sanitize cycle). Air dry on clean cloth.

DO NOT CLEAN TUBING

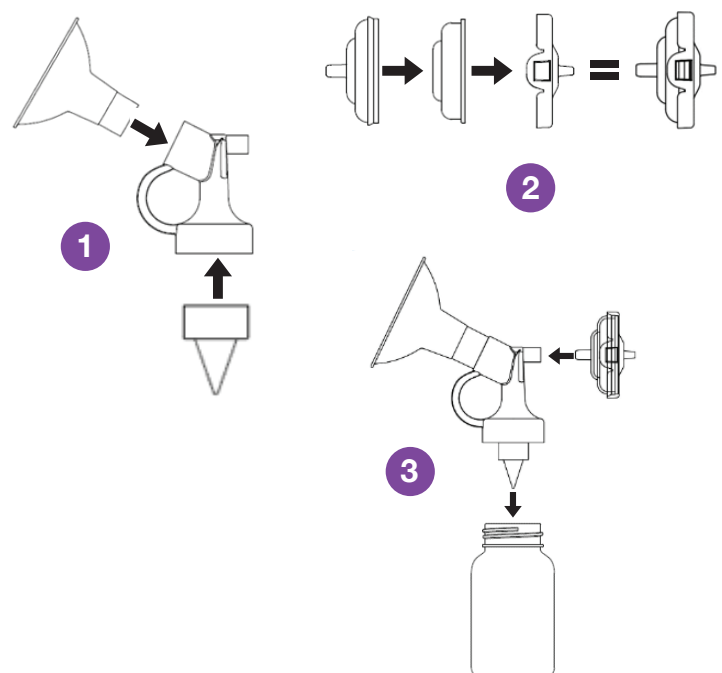


4. Wash your hands and assemble the kit.

Wearable Accessory Kit



Standard Accessory Kit



5. Attach plug end of tubing to pump.



6. Attach other end of the tubing to the orange cap (wearable kit) or backflow protector (standard kit)

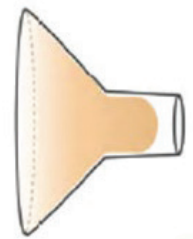
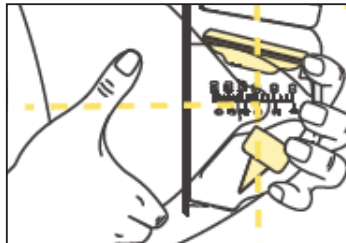


Wearable



Standard

7. Cup firmly on breast, orange cap on top.



Correct fit

8. To start pumping:

Press  for 3 seconds = on

Press “M” to change between “Massage” and “Expression”.

Press “M” for 2 seconds to enter “Stimulation”.

Press  for 2 seconds = off

Press “+” to increase suction.

Press “-” to decrease suction.

NEVER PUMP IN PAIN.

Press “-” to reduce suction.



9. When finished, TURN THE PUMP OFF,

REMOVE cups or flanges from the breast, then REMOVE the orange caps. Pour milk from wearable cups into bottles as shown or unscrew bottles from a standard kit and seal.



✓ Right pouring direction



✗ Wrong pouring direction

10. CLEAN ALL MILK CONTACTING PARTS AFTER EACH USE.