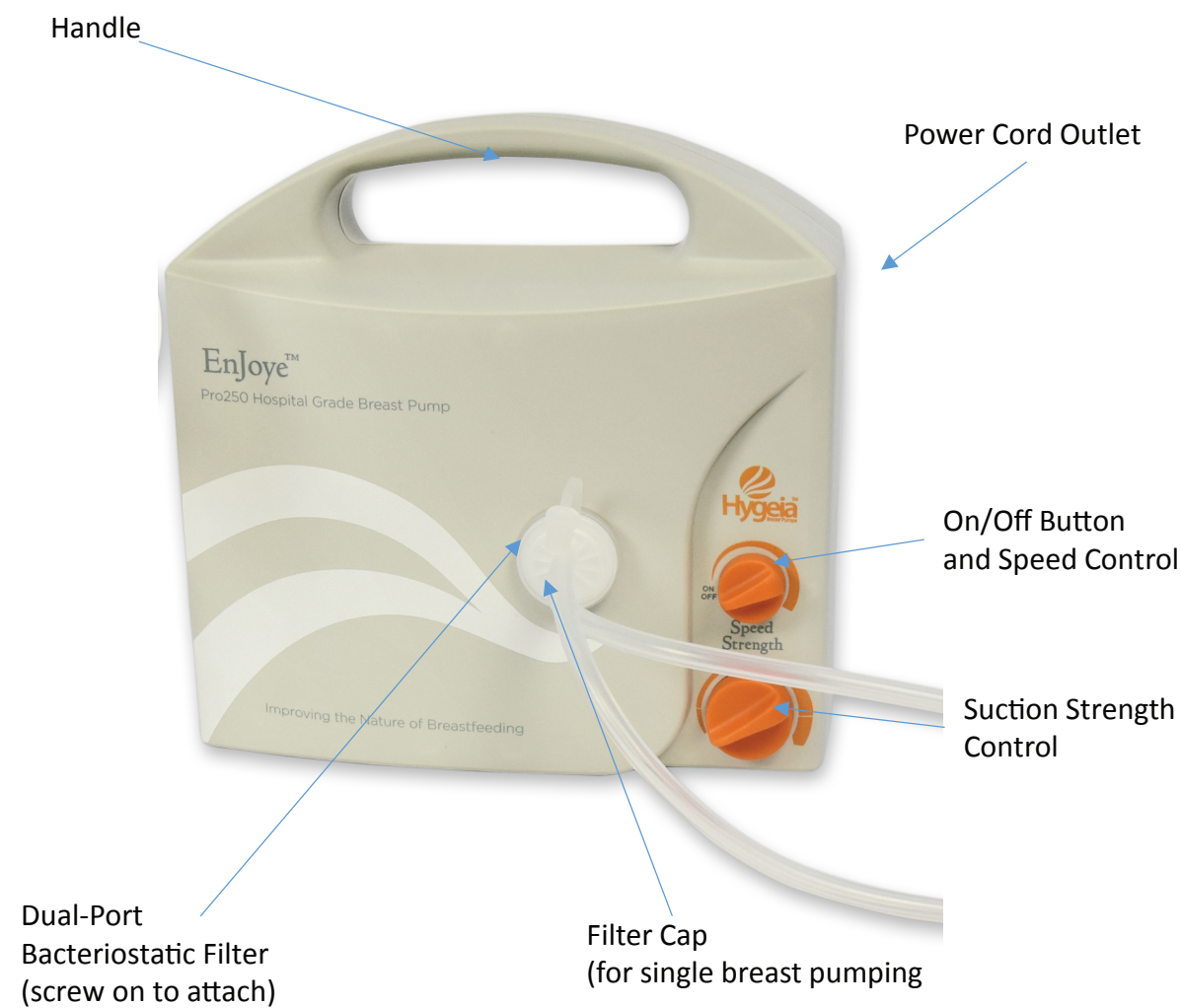


Hygeia Enjoye Breast Pump



www.hygeiababy.com
888-PUMP-4-MOM (888-786-7466)



Who Needs a Breast Pump?

• A mother whose baby is not nursing well (or not nursing at all). A quality pump is the best way to maintain milk supply in this situation.

Researchers from the University of California Davis found 92% of first-time moms reported at least one breastfeeding concern three days after birth including the baby not latching on properly (52%); breastfeeding pain (44%); and milk quantity (40%)

• A mother who plans to return to full- or part-time work and wants to provide breast milk for baby

• A mother who is planning occasional separations from baby for more than a couple of hours

• A mother who needs to increase milk supply



What Is Included



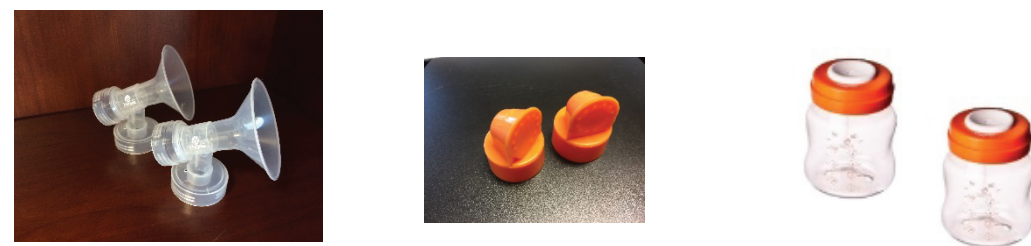
Optional Accessories



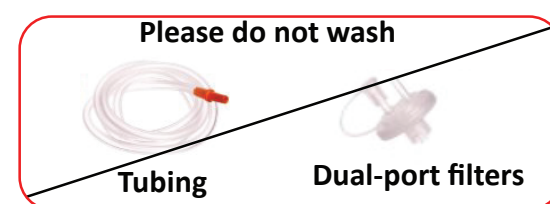
These items are also available for purchase on our Amazon store www.Amazon.com (search Hygeia)

Cleaning

Keeping your milk supply safe is important to us. Please clean these parts before using your pump for the first time and after each use.



- 1 Remove tubing and dual-port filter and set them aside in a clean dry area.
- 2 Separate flanges from collection containers and remove valves from flanges.
- 3 Thoroughly hand wash the flanges, valves, collection containers, rings and covers with a soft cloth in warm, soapy water. Rinse completely. Automatic dishwashing is not recommended. **DO NOT WASH OR WET THE TUBING OR DUAL-PORT FILTERS UNLESS THEY COME IN CONTACT WITH MILK.**
- 4 Allow all parts to air dry on a clean towel or drying rack.



Getting Started

1. Plug in power cord into any standard electrical outlet.
2. Attach the other end of the power adapter to the pump.
3. Twist the threaded dual-port filter onto the front of the pump in a clockwise motion until secured. A slight gap between the pump and dual-port filter is normal.
4. Place the loose end of the tubing on each stem of the dual-port filter.
5. If you wish to pump one breast only, secure the port cap on one stem of the filter.
6. Securely install valve on underside of flange.
7. Push the orange end of each tube into the back of each flange.
8. Secure each milk collection container by twisting it onto each flange.

Pumping

Always wash your hands thoroughly before handling your breast pump and accessories.

1. Get yourself into a comfortable relaxed position. Warm packs and/or gentle breast massage before you begin pumping may help with milk production. Plan to pump just one breast at a time while you are learning, capping off one stem of the filter (see Getting Started Diagram#5). Center the flange(s) over your nipple(s).
2. To begin pumping, turn the upper ON/OFF Speed dial clockwise to an upright position. Leave the lower Strength dial at a minimum setting until your milk begins to flow, then reduce the pump Speed and increase the suction Strength gradually to the highest level that is comfortable for you.
3. When your pumping session is complete, turn off the pump and unplug the tubing from the back of the flanges. Unscrew the breastmilk storage container and properly store your breastmilk.

After every use, please follow the instructions in the Cleaning Section to ensure necessary parts are cleaned before the next use.